



FROM THE PRINCIPAL

Dear Parents, Guardians and Students,

Term 1 has already been an extremely productive and busy time for students, parents and staff. Those who have visited the College will have noticed a whole new aspect in our two main courtyards which are in the process of being landscaped. The lawn and garden areas, together with the new and greatly improved pathways, have been very well received by students, staff and visitors to the College.

It is significant to note that on the 13th February, 2008 the Australian Parliament made a formal apology to members of the Stolen Generation. To recognise the anniversary of the occasion and in recognition of Indigenous Australians, the Australian Aboriginal Flag was raised by Year 10 student, Julia Bruhn, and flown all day on Friday 13th February earlier this term.

During the past fortnight we have had two very well-attended and most



CASUAL CLOTHES DAY WEAR A SCHOOL DRESS! MONDAY 16TH MARCH, 2015

Gold Coin Donation

All proceeds will go to the 'One Girl' Charity - empowering and educating women in Sierra Leone.

4th March, 2015 Newsletter No. 2

STUDENT PROGRESS INTERVIEW DAY

THURSDAY 26TH MARCH, 2015

1.00pm-5.00pm & 6.00pm-8.30pm

Regular classes will not run on this day, however, students are expected to accompany their parents/guardians to the interview.



On the 13th February, 2015 student, Julia Bruhn, with assistance from Assistant Principal, Clara Rocca, raised the Australian Aboriginal Flag to commemorate the anniversary of Australian Parliament's formal apology to members of the Stolen Generation in 2008.

informative Parent Information evenings conducted by our two sub-school teams. The first was our Year 7

Pastoral Care and Instrumental Music recruitment evening. Parents and students met their home group teacher in each of the seven home rooms and this was quality time for the transfer of information and getting to know each other and the College Year 7 Program. Following this initial session everyone relocated to the Resource Centre to learn about the Instrumental Program and to meet our dedicated team of Instrumental Music teachers. Our Classroom Music staff is

Continued Page 2

FROM THE PRINCIPAL Cont...

complemented by a large team of instrumental teachers delivering weekly tuition for a full range of instruments for students who have an interest in this co-curricula area. Sharon Cooke is one of our outstanding instrumental teachers who has worked as a teacher at the College for many years. Sharon gave a most impressive presentation about the program and our staff. Some of our current Instrumental Music students then demonstrated a selection of the instruments and were available to speak about them to the Year 7 students and their parents. We have many of the instruments available for student use at the College and there are also commercial instrument hire and buy-back schemes available. Our Instrumental Music Co-ordinator, Anthony Citino, can provide expert advice and details of these schemes.

The second session was the Year 12 Parent Information Evening and the presentations by Senior School Leader, Bronwyn Mackey, and Year 12 Co-ordinator, Deb Metcalfe, were outstanding, being both assuring and insightful for parents. It was wonderful to see so many interested and dedicated parents attending and their feedback has again been most complementary.

Last week all of our Year 7 students attended the annual three-day adventure camp at *Angahook*, Airey's Inlet. The two camps that ran were highly successful and activities included horse riding, surfing and raft building with an emphasis on participation, skill development and team building. Home Group teachers and the Year 7 Co-ordination team supervised and bonded with the Year 7 students in what was an action-

packed and very enjoyable experience.

Also, in the past two weeks, we have held two very informative *Mathematics Information Evenings* conducted in the College Auditorium for parents. Both evenings have been very well attended and led by Mathematics and Numeracy Leading Teacher, Steve Horn. The first was in relation to Years 10-12 Mathematics on the 26th February and the second for the 3rd March was for Years 7-9 Mathematics. Steve delivered two very insightful presentations outlining curriculum and teaching and learning practice in the Mathematics Key Learning Area. The parents then had the opportunity to discuss Maths at Montmorency with members of the Faculty.

On Monday 2nd March we held our annual *House Swimming Carnival*, once again at the Doncaster Aquarena. Once again we witnessed some outstanding swimming and diving talent on display in the pool and on the boards and the *bombing competitions* attracted great excitement and support from spectators. I would like to acknowledge the hard work of Sports Co-ordinator, Bruce Collins, whose efforts ensured such a wonderful event for fourteen busloads of students and staff with most of them creatively dressed in their house colours. I would also like to thank the parents and grandparents who attended on the day to support our students and they joined with us in being treated to some outstanding individual and team achievements. House spirit and competition was keen throughout the day against a backdrop of fair weather and this, together with the water slide and grass sports competition, was the

formula for some tired but happy students and staff.

It is affirming to note that our College is the school of choice for WaterMarc in the *Let's Move for a Better World* world-wide campaign promoted by Technogym, dedicated to fitness facilities encouraging people to become more active in order to make a difference in their community. Last year WaterMarc won the competition and the local school of choice by them won \$50,000 worth of equipment. Please see details later in this Newsletter about this competition and how you can make a difference.

This year our *Student Progress Interview Day and Evening* is happening on the second last day of term, Thursday 26th March. We do encourage all parents, guardians and students to avail themselves of this opportunity and students are expected to accompany their parents or guardians during the afternoon and evening.

Effective from the 1st March, 2014 attendance and enrolment procedures have been introduced by the Department of Education and Training (DE&T) and all schools and principals have been advised of this. The following advice to all members of school communities has been issued by the Department as a template on school attendance:

Every day counts – school attendance

We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day.

FROM THE PRINCIPAL Cont...

Missing school can have a major impact on a child's future – a student missing one day a fortnight will miss four full weeks by the end of the year. By Year 10 they'll have missed more than a year of school.

There is no safe number of days for missing school – each day a student misses puts them behind, and can affect their educational outcomes.

Coming to school every day is vital, but if for any reason your child must miss school, there are things we can do together to ensure they don't fall behind:

- *Speak with your classroom teacher and find out what work your child needs to do to keep up.*
- *Develop an absence learning plan with your teacher and ensure your child completes the plan.*

Remember, every day counts. If your child must miss school, speak with your child's home group and classroom teachers as early as possible.

From 1 March 2014, new laws will mean that parents can be fined for not sending students to school without an acceptable reason.

If you're having attendance issues with your child, please let your child's home group teacher or Year Level Co-ordinator know so we can work together to get your child to school every day.

For some years now at Montmorency Secondary College we have targeted school attendance in our Strategic Plans and Annual Implementation Plans to achieve improved outcomes. We were also one of the first schools to introduce an electronic roll marking

system to aid with attendance alerts so that College and home could work together more effectively on attendance issues that may occur at times. Please be mindful of the new and more stringent guidelines and enlist the support of our excellent sub-school staff and Student Welfare Co-ordinator if needed.

In closing I would like to draw your attention to some Montmorency Secondary College history. There is an ad later in this Newsletter for a reunion of students who attended the College from 1979-1984 in any year level and this is being organised by former student Brad Webb.

Regards

Allan Robinson
Principal



Let's Move for a Better World 2015 The Campaign – 2 to 22 March 2015 @ WaterMarc

[Let's Move for a Better World](#) is a worldwide Campaign promoted by Technogym, dedicated to fitness facilities encouraging people to become more active in order to make a difference in their community.

All participating fitness facilities measure their members' physical activity using the same unit of measurement, the MOVE from **Monday 2 (9am) to Sunday 22 (11.59pm) March 2015**.

Fitness facilities that score the most MOVES on Technogym cardio equipment in their country win the opportunity to donate Technogym fitness equipment to a school of their choice. This year WaterMarc has nominated Montmorency Secondary College as their partner school. WaterMarc was the Australian winner in 2014 with **3,743,464 MOVES** and 5th in the world.

The College will be supporting the event with a team of 20 students participating in the Indoor 12 Hour Marathon on Saturday 21 March and we would like to encourage our families and community members who use WaterMarc to be involved in this fun and healthy event.

If WaterMarc finishes first in Australia the College will receive a circuit of Technogym Easy Line metabolic exercise equipment, plus a session of professional training for the physical education teachers and a seminar for the students, parents and teachers on the importance of the Wellness lifestyle. Valued up to \$50,000.

There are also prizes for individual WaterMarc members who record the most amount of MOVES: Click [HERE](#) for more information and step by step instructions to register via a PC, Smartphone or the 'My Wellness Kiosk' in the gym.

**MONTMORENCY SECONDARY COLLEGE
OPEN DAY & SCHOOL TOURS**



WEEKLY TOURS

Small group tours and information sessions are conducted regularly at the College throughout February, March, April and May. Tours are capped in size to ensure each participant has a personalised tour. If you are considering enrolling your son or daughter at Montmorency Secondary College we warmly invite you to join us on a tour to see our College in action.

Bookings for College tours can now be made online via the College website

www.montyvc.vic.edu.au

Please allow one ticket per person (adult or child) attending.

If you need to cancel or change a booking please contact the General Office on 9422 1500. Bookings can also be made through the General Office.

OPEN DAY AND INFORMATION EVENING

TUESDAY 21ST APRIL, 2015

SCHOLARSHIPS INTO YEAR 7, 2016 ARE NOW AVAILABLE

79-84 MONTY HIGH REUNION

8pm Saturday 14th March | The Manningham Hotel, Bulleen

Anyone who attended Montmorency High School between 1979 and 1984 (in any year) is welcome to attend the 'Monty High 80s Reunion Party' on Saturday March 14th, 2015 starting from 8pm at The Manningham Club, 1 Thompsons Road, Bulleen.

All details regarding the night can be accessed by visiting:

<http://www.ncs.net.au/monty-high-79-84-reunion/>

TERM 1 AT A GLANCE

| | |
|-------------------|--|
| Mon 16th March | Year 7 HPV and Boostrix , Year 10 Boostrix |
| Wed 18th March | College Council Meeting—7:30pm |
| Thur 19th March | Thinking Carnival |
| Friday 20th March | Student Progress Reports Distributed |
| Tues 24th March | NMR Swimming |
| Thurs 26th March | Student Progress Interview Day |
| Fri 27th March | END OF TERM— Students dismissed at 1:22pm |

**Middle School
Homework Club 2015
(Year 7, 8 and 9)**

The Middle School is offering a program to help Year 7, 8 and 9 students to keep up to date with their work. This program will run each Wednesday after school for 55 minutes from 3.20 to 4.15 p.m., beginning on the 11th February in A5.

If your son/daughter would like the opportunity to undertake homework at school, a teacher will be on hand to help them with their work.

You may wish to have your son/daughter permanently booked into the Homework Club each week. If this is the case you can email me at;

stapleton.john.w@edumail.vic.gov.au or call me at school on 9422 1657.

Please leave a contact number or email address so that I can notify you if your son/daughter has not shown for Homework Club.

Teachers will also be booking in students who are getting behind in their work into this class. In this instance a notice will go home for you to sign to give permission for your child to attend. This notice **must** be returned to the Middle School Team Member on duty. In order to support teachers help keep all students up-to-date with their work, after school Co-Ordinator detentions are given to those students who do not have a valid reason for non-attendance.

Please contact me on the above email address or phone number if you would like more information.

John Stapleton
On behalf of the Middle School

ONE GIRL

On Wednesday 18th March there will be a basketball shoot out in the stadium. Middle School boys and girls shoot from the free throw line and senior school girls and boys shoot from three point.

Each category winner will receive a \$5 canteen voucher. Students are asked to bring their gold coin on the day and pay as they enter the gym. All money raised will be donated to One Girl.

Rayden, Josh, Jarrod & Cooper
Year 9 Endeavour students



Leukaemia Foundation

**WORLD'S
GREATEST
SHAVE**

IT'S SHAVE TIME AGAIN

The Interact Club will be running its annual 'Shave for a Cure' fundraising activity in support of the Leukaemia Foundation on Friday 17th April, 2015. Last year we raised just over \$4000 and hope to exceed that total.

We ask all students to sign up with the school to at least colour their hair if not game to have a number one haircut and get family and friends to sponsor them.

Sponsorship forms will be available from the front office early next week.

Please join by getting a form from the General Office NOT ONLINE

BE BRAVE AND SHAVE



MONTMORENCY SECONDARY COLLEGE IS PARTICIPATING IN RELAY FOR LIFE 2015 AT DIAMOND VALLEY 28 & 29 MARCH, 2015

Relay For Life is an overnight, community event where teams of 10 or more keep a baton moving in a relay-style walk or run to raise funds for the Cancer Council. The event brings the whole community together for a night of fun, entertainment, celebration and remembrance.

Every five minutes, another Australian is diagnosed with cancer. While survival rates are improving every day, cancer remains a leading cause of death. That's why it's so important that we raise funds to fight cancer.

Come join in the fun and make a difference by clicking on the link on the College website—www.montysc.vic.edu.au

From our Team Page, click on the 'Join My Team' button to register and help us fundraise. If you can't join us, you can also support our team by making a donation online.

Relay for Life team



'GLITCH'

Late last year, Amelia, Amy, Diana, Emilia, Hannah, Jesse, Megan and I, were called to Mr Robinson's office. There we sat around the circular meeting table feeling confused, when Mr Robinson and Lisa Ball came in and greeted us with large grins. We were being offered our 'Big Break;' 15 seconds of screen time!

Montmorency Secondary College had been approached by Matchbox Production Company wanting to use our school



grounds in a new ABC series, 'Glitch.' As part of the negotiations the College hoped to involve some of its 'Oliver' performers and the Director mentioned that they were looking for a girl's netball team.

Lisa was as excited as we were. She kept us informed and sent Mrs Robinson to measure us up before the end of term.

The excitement grew as the day drew nearer. Amy kept clogging up our Facebook pages with messages, Matchbox costume department was texting us in CAPITAL LETTERS, whilst parents received the last minute email and Lisa rang to make sure we were all on the ball. Meanwhile my mum was working out her fee for being my agent!

Filming took place on Australia Day. Upon our arrival at 3:45pm, we noticed the basketball courts outside the portables had been transformed into the 'unit base'. This area was now occupied by a convoy of trailers, a port-a-potty and a large marquee where the rest the cast and crew were still eating lunch.

After completing the paperwork and having a mini briefing, we changed into our costumes -netball uniforms. We waited around in the chill of the evening for about half an hour. During this time we were informed by another extra that one of the actors in our scene, Rodger Corser, played Garry's father in 'Puberty Blues,' This news caused great excitement with some of the girls.

One of the assistant directors eventually collected us and we headed to the Gym where our scene was being filmed. First our faces were spritzed with 'sweat' which was a water and vegetable oil concoction, and then we were instructed to act 'frightened and titillated!' At last, it was our time to shine.

While we were 'shining', we watched Patrick Brammall (*Upper Middle Bogan, Offspring and The Moody's*) tackle and arrest Rodger Corser!

Before we finished our four hour stint, they were kind enough to feed us salad rolls and lamingtons. What an insightful and enjoyable experience it was. Thanks to Mr Robinson, Mr Lohrey, Lisa and Lubby for supporting us on the day.

'Glitch' will be shown on the ABC later this year.



Changes to the Secondary Schools Tax File Number Program in 2015

The Secondary Schools Tax File Number (TFN) Program finished on 31 December 2014. This means that School TFN forms will no longer be processed by the school beyond this date.

How students can apply for a TFN from 1 January 2015

The Australian Taxation Office in partnership with Australia Post is making it easier for individuals to apply for a TFN.

Students can now apply for a TFN online and have their identity verified through an interview at a participating Australia Post office.

Applying online is the fastest and most convenient way for students to get a TFN. More information on applying online can be found at ato.gov.au by searching for 'QC27248'.

Students who are unable to visit a participating Australia Post office will need to complete the application for Tax file number – application or enquiry for individuals form (NAT 1432). More information about lodging this form can be found at ato.gov.au by searching for 'QC22604'.

YOUR INVITED TO DONATE & ATTEND



CLOTHES FOR A CURE

Clothing Auction & Event to raise \$ to help find a cure for Breast Cancer!

PROUDLY SUPPORTING
NATIONAL BREAST CANCER FOUNDATION

Supporter ID: 2756455



We are having a one day clothing sale and BBQ on the 22nd March 2015 from 9am at 11 Were Street, Montmorency as well as an online auction via our Facebook page

Donate your New or Near New Ladies, Mens or Kids Clothes, Shoes and / or Accessories for us to sell & raise much needed funds to support the National Breast Cancer Foundation



Donate Old



Donate New



Enjoy The Sale

If you have any of Near New 'loved' items that you would like to donate, we will be taking delivery of these from the 30th March at 11 Were Street, Montmorency.

New items! with tags to be Auctioned can be sent along with your registration form to PO Box 1142, Research VIC 3085 or from the 10th of Were Street.

Help Us Raise \$... by bidding on the auction items via our Facebook page and / or attend our 1 day event on the 22nd March at 11 Were Street, Montmorency.

Special Thanks to our Event Sponsors



Thanks to Damien Long
billingslong.com.au



Thanks to Terry Gazeley
& Scott Nugent



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SUNDAY, MARCH 15TH 2015

LOWER PLENTY PRIMARY SCHOOL

CAR BOOT SALE



TO BOOK A STALL
CALL LPPS
(03) 9435 2585
\$20 EARLY BIRD
\$25 AFTER 5/3/2015

An affordable morning out for the whole family!

HUGE JUMPY CASTLE & SLIDE
HOME MADE BREAKFAST & BBQ
COFFEE & CAKES - PLANTS & CRAFTS
HEAPS OF KIDS ACTIVITIES

LOTE NEWS

LANGUAGE HOMEWORK CLUB

Starting in Term 2, we will be running a Language Homework Club every second Monday. All Language students wanting support are welcome. There will be a French and a Japanese teacher on duty in A2 on the following dates:

20th April
4th May
18th May
1st June
15th June

Ms Marjory Trives

FRENCH LANGUAGE CAFÉ @ IVANHOE LIBRARY

Free conversation practice for French speakers at all levels. Led by a native French teacher, this group welcomes new and occasional visitors.

Tuesdays 4:30 to 5:30pm

Ivanhoe Library
255 Upper Heidelberg Road, Ivanhoe
Tel: 9497 5780

A FUN FILLED SPEAK EASY NIGHT THURSDAY 7TH MAY, 2015

Venue: Montmorency Secondary College Gymnasium

Date: THURSDAY 7TH MAY, 2015

Time: 6:30PM for 7:00pm

The night is a Fundraiser for the Dominican Sisters Orphanage in Dili Timor Leste (East Timor) which the College, its Interact Club (Junior Rotary) and Eltham Rotary Club have been supporting for several years. All funds raised will be used to complete an accommodation block at the Orphanage needed for senior boys living at the orphanage market garden and community centre.

The night will be themed on a speakeasy during prohibition in the USA in the 1920's and features the 'Andrew Nolte Brass Orchestra' playing all the original tunes for the 'flappers' era. All guests are requested to dress in the style of the 20's and a professional dancer will teach the dances of the day including the famous Charleston. A gold coin door charge will apply to anyone not dressed in 1920's attire.

There will be a keynote address on a little known action during WW2 when Australian soldiers were rescued from certain death at the hands of the Japanese.

Guests will be served a 'mocktail' on arrival and the evening includes a buffet style three course meal, with drinks available on the night. A magic show, mock gambling and 'Police raid' will top off this truly memorable experience.

The cost is a very reasonable \$60 a head (\$35 for year 12 students). The event is open to community members with an interest in supporting a worthy cause while having a fun night. Significant raffle prizes are also included.

Tickets must be pre-purchased from the Montmorency Secondary College general office, in person or by calling the bursar on 9422 1500 and using a credit card.

Book a table of friends! Tickets will be on sale from Monday 17th March. All tickets must be pre-purchased.

Organiser Ian Toohill can be contacted on 0414 359 365 for further information.



CAREER NEWS

Year 10 Work Experience – May 18th to 22nd

All year 10 students should now be **finalizing** their work experience arrangements for the above dates. Work experience is a necessary part of our year 10 curriculum and is one of the work requirements of the VCE Unit 1 Industry and Enterprise unit which all year 10s are undertaking as part of their core curriculum. **Any student who does not have a work experience arrangement for the week will be required to attend school where they will attend specially organized classes.** All students should receive a visit from a teacher during their work experience, although in many cases this is not possible due to the students being in remote locations or travelling with their employer. Here is the process for arranging and finalising work experience:

- Decide where you would like to do your work experience – this should be a placement, which relates to your future career ideas or a way to sample a particular career.
- After finding an employer, get verbal agreement from the employer and fill in the **Work Experience Contact Details** form, which can be downloaded from [here](#) or collected from the Careers Office.
- Return the completed Work Experience Contact Details form to the Careers Office so that the details can be entered into our administration software and an official “Work Experience Arrangement Form” will be generated and given to the student to obtain the following signatures:

The employer
The parent
The student

On receipt of the signed form, we will then have the form signed by our Principal and a copy will be sent to the employer and the student/parent/guardian.

CAREER PROFILE - SURVEYING

Why should students, including females, get excited about Surveying?

Surveying used to be a blokes job, but advances in technology over the past decade have changed the state of play. Instruments are a lot sleeker and lighter, and some are even controlled remotely with an iPad.

Plus, there is a lot more to Surveying than taking measurements outdoors using the latest technology. Surveyors are experts in property law and the creation of land titles. They advise developers, lawyers and architects on how they can maximise the outcome of land development projects. They also are the only ones who can sign off on the position of new title boundaries, and provide specialist advice on title disputes.



As a Senior Licensed Surveyor, Kellie Dean has found the surveying profession to be rewarding, exciting and well-suited to her ambitions. She started her career more than 13 years ago because of the appealing mix of engineering and science which she still loves today.

You can find out more about a career in surveying at www.alifewithoutlimits.com.au

John Hallsworth
Careers and Post-compulsory Pathways Coordinator.

2014 BORNEO TRIP

On the 22nd of November, 2014, 15 Monty students and three teachers arrived early in the morning at Melbourne Airport to set out on an exciting and memorable trip. After an eight hour flight we arrived in Kuala Lumpur. The first night was spent becoming used to our new surroundings and the humidity. We set out the next day to visit Deerland and the Kuala Gandah elephant sanctuary where we were able to handfeed the elephants and then wash the baby elephants in the river. Later that day we travelled to Taman Negara where we encountered wild boars, tapirs and monkeys, and who can forget our dinner with the tapir! We went on night walks, board walks and canopy walks while there, along with a river ride to a remote swimming spot.



Next we took a boat down the river for a couple of hours, then a bus to the Cameron Highlands. Here there were strawberry farms, with many of the shops selling strawberry-themed gifts, and thousands of acres of tea farms. We took a tour around the tea farm and managed to buy some delicious tea and see how it is made.



The next morning we flew to Kuching, where we visited a rehabilitation centre for semi-wild orang-utans, and we were lucky enough to watch two of them swing down from the trees. Later in the day we visited Sarawak Cultural Village, and saw traditional houses and dress styles and watched some colourful dance performances. Also during our stay in Kuching we visited the Matang Orang-utan Conservation Centre where we participated in the Junior Volunteer Program. In this program we learnt about orang-utans and the threats that have made them endangered, as well as helping out at the conservation centre by preparing nutrition packs, cleaning cages and making nests for them to sleep in.



Our next stop was Mulu, just a short plane ride away, a place in the middle of nowhere. We visited several huge caves, one of which was home to more than three million bats, which we saw fly out of the cave at dusk.

From Mulu, we travelled to Kota Kinabalu. Here we visited the Kundasang War Memorial and saw the Australian and English memorial gardens.

The next morning we began our climb up Mt Kinabalu, the tallest mountain in Southeast Asia, 4095 metres high, and even from a distance it looked rather daunting. A few people in our group were not well enough to make the journey, and in the end only 13 of 15 students climbed. The first few kilometres up the mountain weren't too difficult, however the higher up we got the rockier the track became and we were able to see above the clouds. After six kilometres we reached our base camp, where we stayed the night. At 2 am nine people, including myself, woke up to climb another three kilometres to watch the sunrise from the summit. It was the hardest thing I have ever done but well worth the beautiful sunrise and view. The climb down was harder, as we were sore from the day before. We were very grateful for the lunch we had once we reached the bottom. Our final day in Kota Kinabalu included snorkelling and recovering from the climb.



The final days of the trip were spent back in Kuala Lumpur swimming, shopping, a visit to a water park and the best satay in the world. It was one of the most memorable trips I have ever been on with great people and even better experiences. I am so happy I was able to get a chance to experience this amazing trip.

Claire Hone



SWIMMING CARNIVAL

RESULTS

1ST PLACE

YARRA HOUSE

512.5 Points

2ND PLACE

DAREBIN HOUSE

321.0 Points

3RD PLACE

PLENTY HOUSE

294.0Points

4TH PLACE

DIAMOND HOUSE

212.5Points



SWIMMING CARNIVAL





Not a member?
**1/2 PRICE
JOINING FEE**
if you join
the challenge!

*conditions apply,
offer ends 20/03/15

For the individual who records
the most MOVES at WaterMarc:

- 1st - 12 month membership
- 2nd - 6 month membership
- 3rd - 3 month membership

TRAIN WITH US FOR A GOOD CAUSE

Join us at the gym and take part in the national
Challenge to win training equipment for
Montmorency Secondary College.

DONATE YOUR MOVES | 2 - 22 MARCH 2015



WaterMarc™
Banyule



MONTMORENCY
SECONDARY COLLEGE

LET'S MOVE
FOR A BETTER WORLD



#letsmoveforabetterworld

1 Flintoff Street, Greensborough VIC 3088 | 9422 6111 | watermarcbanyule.com.au



TUNING IN TO TEENS

6 FREE PARENTING SESSIONS IN TERM 3

These sessions will help you develop skills that will assist your adolescent:

- develop better emotional intelligence,
- be more aware and strong in situations of peer pressure,
- be better able to cope with anger, anxiety and other strong emotions,
- increase family communication and reduce conflict.

If you have a teen in Grade 7 in 2015 and would like to know more about our research project please contact us directly via email or on the number below.

Free JB HIFI voucher for your adolescent

For further information contact:

Dr Christiane Kehoe, Project Manager, on 9371 0207 or email ckehoe@unimelb.edu.au

The program will be conducted across six weeks (six sessions) 7:30-9:30pm during Term 3 in Watsonia, Alphington, Surrey Hills and Flemington